



WORKSHOP ON DRY NEEDLING



Course Overview:

Dry Needling is a Unique form of treatment for Muscular pain and Myofascial trigger points by using solid filament needles. Dry needling is widely practiced in western countries and has got approved and well acknowledged to be within the scope of Physical Therapy. Learning Dry Needling would offer the participant an valuable and handy tool to treat muscular pain & dysfunction.

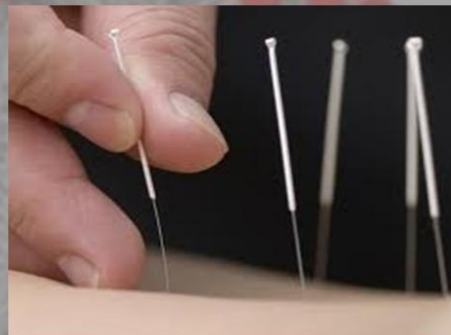
Course Contents:

Day 1:

- Causes, Characteristics, Pathophysiology of MTrPs
- Pain referral pattern and Assessment of MTrPs
- History and Concepts of Dry Needling
- Introduction to Treatment of MTrPs.
- Mechanism and Effects of Dry Needling
- Dry Needling: Head and Neck Muscles
- Dry Needling: Shoulder Girdle Muscles

Day 2:

- Guidelines for Principles of Practice
- Safety Guidelines and Precautions
- Dry Needling: Arm and Forearm Muscles
- Dry Needling: Trunk, Hip, Pelvic Muscles
- Dry Needling: Thigh and Leg muscles
- Clinical Decision making and Research Evidences



Course Instructor: Dr. Rajkannan.P, PT,

MPT, Cert (DNT),D.BDT, Dip (Acup), MA (Psych),
Associate Professor, Oxford College of Physiotherapy.

Course Coordinator : Dr.Vinod kumar Jain HOD—PT

NOVA SPORT – Koramangala

Date: 6th & 7th of June,2014. **Venue:** New Atitya Hotel, 93, Gandhi Bazaar
Main road, Basavangudi, Bangalore.

Course Fee: 3000/-

Participants: Clinicians, MPTs, Internees, IV BPTs,

Add Ons: Certificate, Lunch, Materials, Needles for Practice & to take home.

Contact: Dr. Vinod Jain– 9886484494, Dr. Rajkannan.P– 9845903906

Note: Participants are requested to come in a loose fitting dress to enable to be needed.