



**"The Art of Muscle Palpation
The Upper Quadrant"
WITH 3D SKELETAL MODEL
First of this kind in India**



COURSE OVERVIEW:

- Muscle Palpation is a unexplored and underused area in the musculoskeletal Pain assessment and Treatment.
- More than half of all the musculoskeletal pain will source from the myofascial structures either primarily or secondarily.
- Knowing muscle palpation will add up to one's diagnostic accuracy.
- Various therapeutic technique would work precisely, if the therapist learns to palpate the muscles in a three dimensional orientation.

COURSE CONTENTS:

- Principles of Muscle palpation
- Training and sensitizing your hand as a tool
- Palpation of muscles of Head, Neck, Shoulder girdle, Arm, & Forearm
- Condition Specific Palpation: Head ache, CS, PA , Tennis elbow etc
- Trigger Point Pain referral patterns and its Pathophysiology.
- Orientation to Myofascial Trigger Point Release Technique.
- Comprehensive course book ; easily usable in your clinic.

RESOURCE PERSON:

DR. RAJ KANNAN. P (PT)

MPT, Cert(DNT), Cert (Ergo), Dip (Acup)

Associate Professor-The Oxford College of Physiotherapy

Dry Needling Instructor-Dry Needling Association

www.dryneedlingassociation.com

DATE : 5 th April, 2015

TIME : 9 to 5 PM

COURSE FEE: 2000 Rs

TOTAL SEATS: 20

VENUE: RMV HOSPITAL, SANJAY NAGAR, BANGALORE-94

COURSE COORDINATOR: DR. VINOD JAIN, @ 9886484494

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**"MUSCLE PALPATION IS A PREREQUISITE FOR
DRY NEEDLING TECHNIQUE"**