

# Celebrating —

# World Physiotherapy Day 2022

**THEME : PREVENTION AND  
MANAGEMENT OF OSTEOARTHRITIS**

## About World Physiotherapy Day

In 1996, 8th of September was designated as World PT Day. This is the date World Physiotherapy was founded in 1951. The day marks the unity and solidarity of the global physiotherapy community. It is an opportunity to recognise the work that physiotherapists do for their patients and community. Using World PT Day as a focus, World Physiotherapy aims to support member organisations in their efforts to promote the profession and advance their expertise.



Date: 11.09.2022  
Time: 9:00 am to 5:00 pm



Contact Person:  
**Dr Karvannan, 9986565966.**



Registration Link :  
<https://tinyurl.com/WORLDPHYSIODAY>  
**Registration Fees : 600 INR**



Venue: MAHE Bengaluru Campus,  
Govindapura, Yelahanka, Bengaluru,  
560064, Karnataka, India.



Last date of registration: **07.09.2022**  
No Spot registration



Who can attend: Interns,  
Postgraduates, Clinicians,  
Academicians and Researchers



## About Manipal College of Health Professions (MCHP) at MAHE Bengaluru

MAHE Bengaluru is an off-campus of MAHE, Manipal and, thrives in providing holistic education to students with state-of-the-art infrastructure, well-qualified experienced faculty, and mentors. The MCHP has been successfully running a postgraduate Physiotherapy program at Bangalore since 2010. The MCHP Bengaluru provides its clinical services at Manipal Hospital Bangalore (HAL - Old airport road) which is a 750 bedded hospital of international repute.

## About Osteoarthritis

Osteoarthritis (OA) is the most common joint condition: 520 million people around the world have OA, and 60% of OA cases are for knee OA. Exercise is a first-line treatment for OA.

The conference aims at promoting evidence-based recommendations for the role of physiotherapists in the prevention of osteoarthritis and in the management of people affected by osteoarthritis.

The conferences involve a clinical hands-on workshop on assessment and management of people affected by Osteoarthritis. Scientific poster presentations on the theme can be submitted.



Contact Person: **Dr Karvannan : 9986565966, Email: karvannan.h@manipal.edu**

## Program highlights

- Screening for body composition and physical activity promotion in overweight individuals with osteoarthritis. Dr Arun Maiya, Dean and Professor, MCHP, MAHE, Manipal.
- Central pain in knee OA - Dr Karvannan, Associate Professor, Department of physiotherapy, MCHP, MAHE, Bengaluru
- Are all knee pain due to OA? - Dr Dharmanand, Consultant Rheumatologist, Manipal hospital, Millers Road, Bengaluru
- Evidence for physical therapies in knee OA- Dr Prem, Associate Professor- senior scale and HoD, Department of physiotherapy, MCHP, MAHE, Bengaluru
- Live case discussion – Multidisciplinary team
- Scientific poster presentation: Prevention and Management of people affected with Osteoarthritis
- Hands on demonstrations
- Workshop 1: Assessment of knee OA- Dr Prem
- Workshop 2: Manual therapy approaches for OA knee- Dr Karvanna